



United Way
Saint John, Kings
& Charlotte

CHANGE LIVES. 



Stories that **Unite** us.

Life can be hard but finding help doesn't have to be

When we launched 211 in New Brunswick a little more than seven months ago, we knew there was a need for the service. Little did we know how much of a need.

Free and confidential, 211 is an information and referral service that quickly connects people to critical human, social, community and government support. The service helps them navigate the complex network of government and community programs and services quickly in order to find what they need. We call it “the front door to help.”



[Read more](#)



Sarah's story: A frantic search for affordable housing

Sarah did not know where to turn. She needed to find a place to live, and she couldn't afford what was available. That's a stressful situation at the best of times – with COVID, it seemed more daunting.

Sarah needed to find subsidized housing, but had no idea where to start. She had heard of 211, a new information service in New Brunswick. She dialed, hopeful that someone there could help.

[Read more](#)

Madalynn's story: Forging a new future



In searching out options for her future, Madalynn turned to the Saint John Learning Exchange.

From the moment the young mother became involved with the learning exchange, she felt welcome – everyone there was so supportive and understanding.

She didn't feel the daily pressure that weighed on her in her traditional high school.

[Read more](#)



#UNIGNORABLE FACT

Since the pandemic began, young Canadians (ages 15-24) have experienced the greatest decline in mental health. Only 40 per cent rate their mental health as very good or excellent – a drop of 20 percentage points.



#LOVELOCAL FACT

78% of youth in the Saint John Learning Exchange's Goals program achieved one or more credits toward their high school diploma.

Building stronger leaders in the non-profit sector

As a part of our mission to strengthen the nonprofit sector, the United Way Saint John, Kings & Charlotte believes in fostering strong leadership.

Recently, a number of leaders serving the region's most vulnerable populations had the opportunity to enrol in *Using Coaching to Lead*, an interactive leadership training program offered by Saint John-based Vision Coaching.



[Read more](#)

Please join us June 24

Please join us for the United Way Saint John, Kings & Charlotte annual general meeting to be held online June 24 at 5 p.m. For more details and to RSVP, [email Gina](#).



211 is the front door to government and community-based programs and social services. It's free, confidential and available in 150+ languages, seven days a week.

Your support changes lives. If you haven't had a chance to give, it is as simple as clicking below. Thank you for sharing your love.

CHANGE LIVES.

 **DONATE**

