



United Way
Saint John, Kings
& Charlotte

CHANGE LIVES. 



Stories that **Unite** us.

A journey of understanding, and healing

Like Canadians from coast-to-coast, we're profoundly shaken by the discoveries of mass graves at residential school sites.



At the United Way, we are committed to listening and to helping the Indigenous community heal. We look to follow their lead on how we can best support them, and forge a path forward together toward a better, more inclusive and compassionate society.

I attended the healing walk organized by the Eastern Circle and Hearts of Saint John earlier this month and it really inspired me to continue on my journey to learn more about the horrific treatment of Indigenous people.

[Read more](#)



Building stronger communities after the pandemic

As the pandemic first descended on communities across Canada last year, the federal government created the Emergency Community Response Fund and partnered with United Way Canada and others to distribute \$350 million to charities and non-profits that provide crucial resources and services to vulnerable Canadians.

Through that fund, the United Way Saint John, Kings & Charlotte distributed nearly \$560,000 to dozens of local organizations providing indispensable help to people across the region.

The funding allowed for many services to be offered online for the first time, including classroom instruction, tutoring and mentoring, activities for seniors and outreach to women in recovery.

[Read more](#)

Lisa's story: Escaping an abusive relationship



Lisa had broken away from her abusive partner, children in tow. But she had reason to worry – while justice officials were working on bringing criminal charges against him and establishing a no-contact order, she knew he had a history of not caring about either.

Lisa (not her real name) mentioned this to a worker with Saint John Domestic Violence Outreach and together they worked on a safety plan that included her finding a new place to live where he could not find her. Money, though, would be an issue – she would need help in order to start over again.

[Read more](#)



Helping the seniors of Campobello Island

When the pandemic descended on Campobello Island, the impact was much more profound than the mainland.

No restaurants remained open, grocery supplies were limited, as was the ferry service. The way off the island remained by land, but that meant crossing into the United States – even when that was possible, anxiety ran high.

For seniors, this amplified any challenges they already faced.

[Read more](#)



#UNIGNORABLE FACT

Prior to the pandemic, the unemployment rate among Indigenous people in Canada was nearly double that of non-Indigenous people. The lingering economic impacts of COVID-19 are expected to widen that disparity.*

*Statistics Canada

#LOVELOCAL FACT

19,744 individuals were supported in our region through the Emergency Community Response Fund.



211 is the front door to government and community-based programs and social services. It's free, confidential and available in 150+ languages, seven days a week.

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CHANGE LIVES.

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