



United Way
Saint John, Kings
& Charlotte

CHANGE LIVES. 



Stories that Unite us.

A salute to our selfless volunteers

Friends,

At United Way Saint John, Kings & Charlotte, our vision is to ignite the desire in everyone to improve lives and build strong communities. The hundreds of volunteers that work on our behalf are a testament to this vision.



Our volunteers give selflessly of their time, energy, and resources to help us build a better community. Our board members guide our organization in meeting the highest levels of excellence to our mission.

The 11 members of our Community Investment Advisory Committee ensure donations are reinvested in local charities that are making the greatest impact in creating systemic change for the people we serve. This year, we are delighted to welcome Jessica DeLong as the new advisory committee chair.

[Read more](#)



Songs of the City is back!

We're so excited to announce that Songs of the City is back as a live, in-person event – set for the Imperial Theatre in Saint John.

[Buy your tickets](#) today for the June 1 extravaganza before they sell out! Presented by Creamer Ervin Wealth Management, [Songs of the City](#) celebrates community through storytelling and song. It is an opportunity to raise awareness and to say thank you to community members for their generosity and support to the people we all live, work, and play with every day.

[Read more](#)

Heather's story: from angry to confident



Heather would often become angry or agitated in stressful situations, like when she had to navigate parental visits for the grandchildren in her custody.

Especially so with her grandson, whose father struggled with addiction. She wanted to support a healthy relationship between the two while protecting the boy. And that's often when she would get angry.

Then she tried the Bee Me Kidz Parents Group, a Saturday morning program where parents are free to share ideas, stories and parenting tips, and listen to guest speakers about topics ranging from free local resources to health and wellness.

[Read more](#)



#UNIGNORABLE FACT

Poverty in New Brunswick costs the province \$1.4 billion per year.

* Source: Canadian Centre for Policy Alternatives



#LOCALLOVE FACT

More than 130 people have found full-time or part-time work after attending programs at the Saint John Learning Exchange in 2021.



Trish's story: Finding a purpose

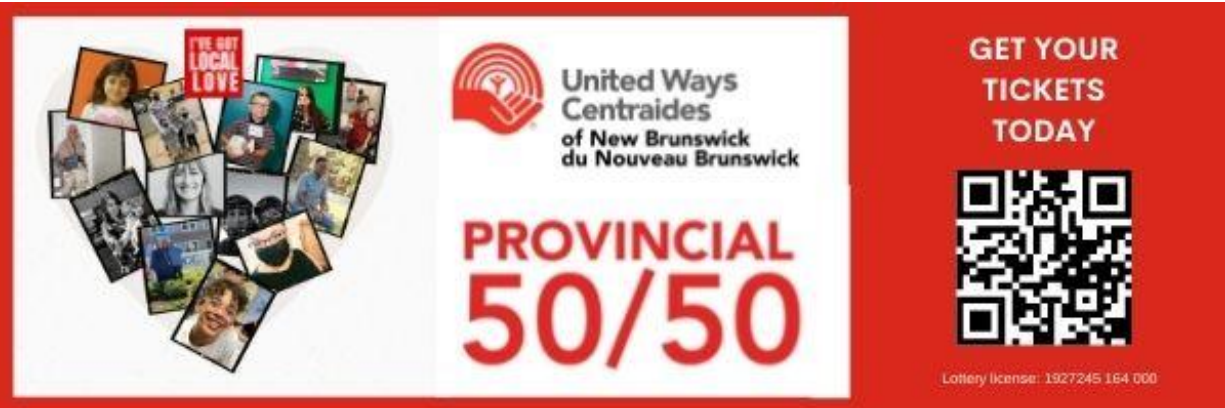
Walking into the Saint John Learning Exchange, Trish was scared. It wasn't that she didn't know a soul there, or that she was about to try something new.

“My fear,” she says, “was coming here and not finding the hope I’d lost.”

Trish had been unemployed for a long time, felt defeated and overrun by depression.

The Learning Exchange represented a chance to turn that around – perhaps. She enrolled in Workplace Essential Skills, a 12-week program that provides participants with the foundation they need to succeed in the workforce.

[Read more](#)



The advertisement features a collage of photos on the left, including one with the text "I'M NOT LOCAL LOVE". In the center is the logo for United Ways Centraides of New Brunswick du Nouveau Brunswick, with "PROVINCIAL 50/50" written below it. On the right, it says "GET YOUR TICKETS TODAY" above a QR code. At the bottom right, the text "Lottery license: 1927245 164 000" is visible.



211 is the front door to government and community-based programs and social services. It's free, confidential and available in 150+ languages, seven days a week.

Your support changes lives. If you haven't had a chance to give, it is as simple as clicking below. Thank you for sharing your love.

CHANGE LIVES.

 **DONATE**

