



United Way
Saint John, Kings
& Charlotte

CHANGE LIVES. 



Stories that **Unite** us.

From the bottom of our hearts, thank you!

With your support, and that of countless others, we have raised more than \$1.71 million in our annual campaign that wrapped up at the end of February.

It's truly inspiring to see how our communities rallied in support of the United Way and raised the funds essential to providing programs and services offering life-changing support to people right here in Saint John, Kings and Charlotte.

I'm so grateful for each and every person and organization that gave to the campaign. Every donation is important, particularly this year as rising costs due to inflation and the lack of affordable housing is putting so much pressure on so many.

[Read more](#)



Nick's story: Eager for his first job

As a young man, Nick Olsen was keen to find a job where he would be able to improve his skills and feel supported.



Born with cerebral palsy, he was looking to land his first job. He turned to Transition NB through Ability New Brunswick for help. With assistance from Allison, a transition planner, he was able to work with Crosswinds Employment Assistance Services to help him develop his resume and find workplaces where he would excel.

[Read more](#)

Alana's story: 'I'm finally proud of myself'



For Alana and her daughter, the last year has been transformational.

"It's honestly been the best year I have had," she says. "I became the mom that I never thought that I would become again. I'm

finally proud of myself."

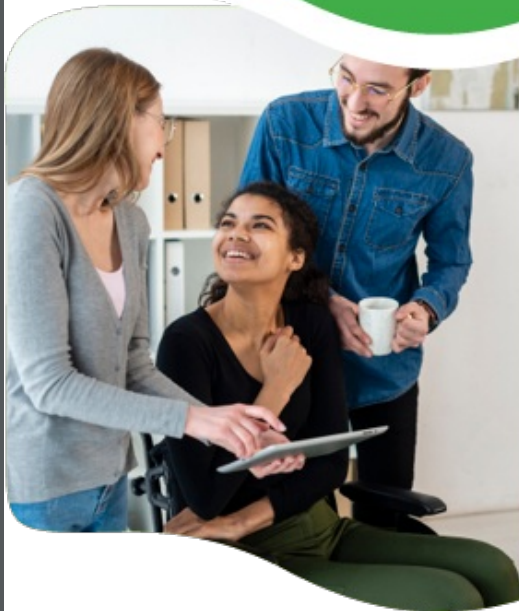
She found this new beginning through First Steps, a safe, non-judgmental housing unit for young women that are pregnant or parenting.

[Read more](#)

#UNIGNORABLE FACT

More than 23% of people with a disability live in poverty – nearly triple that of people without a disability.

* Source: Citizens for Public Justice



#LOCALLOVE FACT

83% of youth in the United Way-supported Transition NB program attained more than four goals within their social determinants of health.



Saluting the quiet heroes of the pandemic

The following is adapted from a speech Alexya Heelis, executive director of United Way Saint John Kings & Charlotte, gave at the Tutta Musica's Ovation concert saluting everyday heroes.

During the pandemic, there were many people who stepped up for all of us – nurses, doctors, front-line workers, essential workers.

Many of these professionals and volunteers were rightly applauded as heroes who risked their personal health and safety, day after day, while most of the world were hunkered down quarantining their homes.

Yet, there was another group that didn't get as much public recognition but, in my mind, are equally deserving – non-profit staff!

[Read more](#)



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