



**United Way**  
Saint John, Kings  
& Charlotte

CHANGE LIVES. 



## Stories that **Unite** us.

### **Exciting news: Uniting for impact in the Maritime region!**

I hope you are well and filled with excitement for the summer ahead!

I am happy to share some news from the heart of our community. At United Way, we've always believed in the power of unity, and today, we're thrilled to share with you a monumental step we've taken toward maximizing our impact and strengthening our region.

We are one of seven United Ways across the Maritimes unifying into one organization! This new United Way will be known as United Way Maritimes and will serve PEI, Central & Southwestern New Brunswick, & Mainland Nova Scotia.

[Read more](#)



### **Shane's story: Enriching lives through mentorship**

The trust between Shane and Landen grew as they spent time together.



Shane, a warm and caring teen, was matched with Landen as his mentor through Big Brothers Big Sisters of Saint John. They connected over video games and outdoor activities.

Through the teen mentorship program, Shane is helping Landen build his confidence, self-awareness and other social-emotional skills.

[Read more](#)

## Arlo's story: A journey to belonging



Arlo always felt different from his peers but didn't understand why until his teenage years when he learned more about gender diversity.

Middle school was tough, filled with bullying and confusion over his gender identity and sexuality. A bright spot was his grandmother, Judith Meinert, a pioneering queer and trans rights advocate in Saint John and a founding member of the local PFLAG chapter.

[Read more](#)

---



## #UNIGNORABLE FACT

2SLGBTQIA+ youth are five times more likely to attempt suicide compared to non-2SLGBTQIA+ youth in Canada. Rates of self-reported mental health are also lower among 2SLGBTQIA+ youth.

\*SOURCE: 2SLGBTQIA+ Housing Needs and Challenges | CMHC (cmhc-schl.gc.ca)

## #LOCAL LOVE FACT



Chroma NB provided more than 36 inclusive allyship workshops last year, successfully completed by more than 1,200 learners. Chroma is a newly funded partner of the United Way, which helps support its programs, including the workshops it offers to government, business and non-profit organizations to help them become 2SLGBTQIA+ allies in the community.





## **‘Such an incredible event’**

The impact the United Way and its funded partners have on our region was on full display at Songs of the City on May 1st.

The event at the Imperial Theatre is our way of thanking the community and our donors by sharing local stories and songs about how your support changes lives. Songs of the City wouldn't be possible without the generous support of our presenting sponsor, [BMO Private Wealth](#).

More than 400 people attended Songs of the City this year, hearing seven people share five stories of resilience in changing their lives with the help of partner organizations funded by the United Way, including the Teen Resource Centre, the Saint John Learning Exchange, Kaleidoscope Social Impact, Sistema and Bee Me Kidz.

[Read more](#)

---

## **Your support changes lives**

Your support changes lives. If you haven't had a chance to give, it is as simple as clicking below. Thank you for sharing your love.

CHANGE LIVES.

 DONATE



United Way Saint John, Kings & Charlotte | 28 Richmond St., Unit 301 | Saint John, NB E2L  
3B2 CA

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!