

**Stronger together.**  
United for impact.



Found community, stability,  
and guidance at a United Way  
donor-funded Youth Resource  
Centre after immigrating to Canada.

**Meet  
MZ & Abdul**

Everyone deserves to feel like they belong.  
Your gift to United Way helps build bridges,  
foster connections, and create pathways to  
economic and social equity.



**United Way**  
Saint John, Kings  
& Charlotte

Help us change even more local lives.  
**Donate today.**

*"It has been our go-to place whenever we need assistance. It helped us navigate resettlement and instilled in us a sense of belonging in this community. For all that, we say thank you!" - MZ & Abdul*





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Escaped a violent relationship,  
found safety, and rebuilt her life  
with support from a United Way  
donor-funded shelter.

# Meet Faye

Everyone deserves to live with safety and  
dignity. Your donation helps people feel  
safe today, so they can thrive tomorrow.



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Saint John, Kings  
& Charlotte

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*"I am so very, very grateful that the shelter saved me so  
that I could be here, alive and brave, striving to be the very  
best version of me." - Faye*





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**Overcame a lifetime of challenges, developed invaluable life skills, and learned to thrive in the face of bipolar disorder with help from several United Way donor-funded agencies.**

# Meet Angela

**Mental health is a human right.** Your gift ensures people have access to mental health support and feel empowered to seek help.

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**Donate today.**



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*"I am a survivor and a conqueror. I live with Bipolar, but it doesn't control me. I want to thank United Way for 42 years of support. I'm extremely proud of how far I have come." - Angela*

